

Ball control



Relations between different football skills.

Ball control (technique) appears to be the best predictor for decision making and other skills.

The results of the tests influence each other. This relation can be enhancing or weakening.

Good ball control seems to be fundemental for performing well in all areas.



Players with the best ball control also score the highest on all other tests.



The top 10 of the Pass Performance Ratio also score the highest on the balll control test. Meanwhile, the top 10 of the ball control test have a PPR above average too.



Top 10 players on 'Pull a Vee' have a high pass accuracy, take more risk but deliver a lower match intensity.



The Tech.Footbal is an excellent instrument to monitor and improve ball control (technique).

Players with better ball control

also perform better on other

Cruyff's thesis now scientifically proven.

Ball control appears to be the most important indicator of performance under pressure, on the ball.



"The basic thing is to get the ball under control as quickly as possible, so you have a little more time to watch." ~ Johan Cruiiff